

# Longwood Track Classic – Saturday April 2, 2022 – Longwood High School

Races start at 9:30 – Medals to top 4 in each event

Bus will leave SJB at 8:00 – or arrive by the time listed for your first event

9:30am 110m High Hurdles:

1600m Run: **arrive by 8:45**

100m Dash: **arrive by 9:00**

Graff	Hoffmann	Aleaga	Espinal	Oviedo-Torres		Legagneur
12.61	13.39	11.94	13.04	12.13 PR		13.38 PR

Simmons	Holder	Jones	Sainnoval	Alvarez		
11.55 PR 6 <sup>th</sup> PI	DNR	DNR	13.79	12.11		

400m Dash: **arrive by 9:15**

Partyka	Rodriquez	Roman				
61.27	64.72	56.58 4 <sup>th</sup> Place				

800m Run: **arrive by 9:45**

	Cole	Fitzgerald	Harrigan	Bellino	Tinti	Gannon
	2:29	2:22	2:14	2:27	2:25	2:24

		DeVito	Healy	Reinhold		
		2:33	2:43	2:43		

400m Intermediate Hurdles:

Byrnes	Wesolowski					
68.07	69.46					

200m Dash: **arrive by 10:15**

Graff				Scott	Aleaga	Alvarez
25.83 PR				22.71 2 <sup>nd</sup> Place	24.53	24.59

Casha	Espinal	Luzzi	Oviedo-Torres	Partyka	Rodriquez	Roman
DNR	27.50	DNR	24.60	27.21 PR	29.04	24.54

		Legagneur	Raines	Simmons	Holder	Jones	Sainnoval
		26.51	26.13	24.21	27.74	29.37	28.76

3200m Run:

4x800m Relay:

4x100m Relay:

4x400m Relay: Alts Casey

Scott	Byrnes	Raines	Harrigan	
54.2	54.7 PR	57.7 PR	56.7 PR	3:43 4 <sup>th</sup> Place

Cole	Fitzgerald	Casey	Wesolowski	
59.6 PR	63.5	59 PR	57.8 PR	4:00

Bellino	Hoffmann	Tinti	Gannon	
62.7	59.9	62.5 PR	61.6 PR	4:07

Sainnival	DeVito	Reinhold	Healy	
71.9	70 PR	72.5 SB	67.8 PR	4:42

## FIELD EVENTS

**9:30am Shot Put 43' and up – Shot Put 43' and under after**

			Fasano	Scuro	Seifort	Shotter	Fazzini
			27' ¼"	18' 6.5"	25' 11 ¼"	28' 9 ½"	???

**9:30am Discus 100 and under – Discus 100 and up after**

	Fasano	Scuro	Seifort	Shotter	Fazzini	
	65' 9" PR	49' 9"	88' 9" PR	84' 9 ½" PR	79' 9"	

**9:30am Long Jump 19' and up – Long Jump 19' and under after**

<b>Casey</b>	Byrnes	Raines	Alveraz	Luzzi	Jones	Holder	Wesolowski
<b>19'2" PR 4<sup>th</sup> Place</b>	18'	<b>18'11 ¾" PR</b>	DNJ	DNJ	FFF	14' 6"	DNJ

**Triple Jump 40' and up after all long jumps - then Triple Jump 40' and under after**

<b>Casey</b>							
<b>39' 10 ½" 5<sup>th</sup> Place</b>							

**Two jumping pits – so both Long Jumps go first – then both triple jumps**

9:30am High Jump starting at 5'2"